

READINGTON MIDDLE SCHOOL

Sharon Moffat, *Principal*
Dr. Jonathan Moss, *Assistant Principal*

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January 6, 2021

Dear Parent/Guardian of our Seventh Grade Students,

New Jersey law requires that all public school students age ten through eighteen be screened for scoliosis every other year. The purpose of this screening program is to recognize scoliosis in its earliest stages.

Scoliosis is defined as a condition of the spine in which the spine curves to the left or right. It is commonly found during the time of rapid physical growth and may progress if not treated. Curvatures can often be controlled if detected early.

Scoliosis screening will take place during physical education classes starting on Monday, January 11th, 2021.

Girls should wear a tank top or another piece of fitted clothing under their gym shirt so the entire spine can be viewed. (During the screening process, boys and girls will be asked to remove their gym shirts.) Students will be screened separately and privately in the health office. If your child has any degree of curvature, you will be notified in writing, to seek further medical evaluation.

If you **do not** want your child to be screened by the school nurses, you must complete the form below and return it to us by the beginning of the school day Monday, January 11th, 2021.

Sincerely,

Diane Krasovec, RN dkrasovec@readington.k12.nj.us
Maureen Sjonell, RN msjonell@readington.k12.nj.us
RMS School Nurse
phone 908-534-3810
fax 908-923-8614

READINGTON TOWNSHIP PUBLIC SCHOOLS
Scoliosis Screening Opt-Out Form

I **do not** want my child _____ screened for scoliosis.

My child is already under care or treatment for scoliosis: ___ YES ___ NO

Parent Signature

Date